

PK KB OVL 26: Session: 2: COACH evaluation sheet for TEAM: ZNA

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Kindt Joachim HEADCOACH

Coaches: Van Pelt Marie

Coaches: Bogaert Ciaran

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:1, starttime: 14:07
Heat: 1/18 Lane : 1 Athlete: VAN CALENBERGH LENA					Q-time: 01:25:32
PB (25m pool): 01:28.51 Eeklo 19/04/2026					PB (50m pool): 01:25.32 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.33		01:28.51	
		00:41.33		00:47.18	
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:2, starttime: 14:09
Heat: 2/18 Lane : 2 Athlete: DE ZWAEF EMMA					Q-time: 01:22:38
PB (25m pool): 01:24.03 Eeklo 19/04/2026					PB (50m pool): 01:22.38 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.72		01:24.03	
		00:38.72		00:45.31	
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:2, starttime: 14:09
Heat: 2/18 Lane : 3 Athlete: VAN LAETHEM MILA					Q-time: 01:21:74
PB (25m pool): 01:21.74 Temse 31/05/2026					PB (50m pool): 01:24.24 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.46		01:21.74	
		00:38.46		00:43.28	
					

Coach feedback:

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Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:5, starttime: 14:15
Heat: 5/18 Lane : 2 Athlete: JACOB EMMA					Q-time: 01:13:85
PB (25m pool): 01:13.85 Eeklo 19/04/2026					PB (50m pool): 01:15.07 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.01		01:13.85	
	00:36.01		00:37.84		
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:5, starttime: 14:15
Heat: 5/18 Lane : 8 Athlete: BADIDI CHAHD					Q-time: 01:15:20
PB (25m pool): 01:15.66 Sint-Niklaas 11/01/2026					PB (50m pool): 01:15.20 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.66		01:15.66	
	00:36.66		00:39.00		
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:6, starttime: 14:17
Heat: 6/18 Lane : 5 Athlete: LEGRAND ALICIA					Q-time: 01:12:25
PB (25m pool): 01:12.25 Temse 17/11/2025					PB (50m pool): 01:12.62 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.50		01:12.25	
	00:34.50		00:37.75		
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:9, starttime: 14:22
Heat: 9/18 Lane : 1 Athlete: DENEFF ELLA					Q-time: 01:09:81
PB (25m pool): 01:09.81 Temse 31/05/2026					PB (50m pool): 01:12.00 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.29		01:09.81	
	00:33.29		00:36.52		
					

Coach feedback:

PK KB OVL 26: Session: 2: COACH evaluation sheet for TEAM: ZNA

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:11, starttime: 14:25
Heat: 11/18 Lane : 1 Athlete: HOEBEECK TINNE					Q-time: 01:07:84
PB (25m pool): 01:07.84 Sint-Niklaas 11/01/2026					PB (50m pool): 01:09.54 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.98		01:07.84	
	00:32.98		00:34.86		
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:13, starttime: 14:28
Heat: 13/18 Lane : 2 Athlete: DE GROOTE LIESL					Q-time: 01:05:54
PB (25m pool): 01:05.54 T Rosco 12/10/2025					PB (50m pool): 01:05.64 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.75		01:05.54	
	00:31.75		00:33.79		
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:13, starttime: 14:28
Heat: 13/18 Lane : 4 Athlete: VAN DORPE ADA					Q-time: 01:05:34
PB (25m pool): 01:07.13 Eeklo 21/04/2025					PB (50m pool): 01:07.35 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.74		01:07.13	
	00:31.74		00:35.39		
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:14, starttime: 14:30
Heat: 14/18 Lane : 2 Athlete: OSSELAER GEIKE					Q-time: 01:05:10
PB (25m pool): 01:05.10 Sint-Amandsberg 19/10/2025					PB (50m pool): 01:05.41 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.38		01:05.10	
	00:31.38		00:33.72		
					

Coach feedback:

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Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:14, starttime: 14:30
Heat: 14/18 Lane : 4 Athlete: BAYENS NINA					Q-time: 01:04:18
PB (25m pool): 01:04.18 TEMSE 18/05/2025					PB (50m pool): 01:04.88 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.71		01:04.18	
	00:30.71		00:33.47		
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:14, starttime: 14:30
Heat: 14/18 Lane : 7 Athlete: BULLEN LOTTE					Q-time: 01:05:12
PB (25m pool): 01:05.12 Temse 17/11/2025					PB (50m pool): 01:06.60 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.14		01:05.12	
	00:31.14		00:33.98		
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:18, starttime: 14:36
Heat: 18/18 Lane : 2 Athlete: EELBODE EMELIE					Q-time: 00:59:06
PB (25m pool): 00:59.44 Temse 17/11/2025					PB (50m pool): 00:59.06 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.84		00:59.44	
	00:28.84		00:30.60		
					

Coach feedback:

Event number: 11: 200M MEDLEY MEN 11+							Heat:2, starttime: 14:42	
Heat: 2/13 Lane : 3 Athlete: DEBOLLE KYAN							Q-time: 03:12:11	
PB (25m pool): 03:12.11 Sinbad 05/10/2025			PB (50m pool): 03:18.07 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:44.10		no time		no time		03:12.11
	00:44.10							
								

Coach feedback:

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Event number: 11: 200M MEDLEY MEN 11+							Heat:4, starttime: 14:50	
Heat: 4/13 Lane : 2 Athlete: BOMBEECK MATHIAS							Q-time: 02:54:13	
PB (25m pool): 02:58.89 Sinbad 16/03/2025				PB (50m pool): 02:54.13 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.72		no time		no time		02:58.89
	00:40.72							
								

Coach feedback:

Event number: 11: 200M MEDLEY MEN 11+							Heat:5, starttime: 14:53	
Heat: 5/13 Lane : 5 Athlete: DE DONDER THOR							Q-time: 02:45:74	
PB (25m pool): 02:45.74 Temse 31/05/2026				PB (50m pool): 03:04.50 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.79		01:24.80		02:07.93		02:45.74
	00:37.79		00:47.01		00:43.13		00:37.81	
								

Coach feedback:

Event number: 11: 200M MEDLEY MEN 11+							Heat:10, starttime: 15:09	
Heat: 10/13 Lane : 2 Athlete: VERNAILLEN SEPPE							Q-time: 02:31:64	
PB (25m pool): 02:31.64 Temse 31/05/2026				PB (50m pool): 02:34.40 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.37		01:10.45		01:56.14		02:31.64
	00:31.37		00:39.08		00:45.69		00:35.50	
								

Coach feedback:

Event number: 11: 200M MEDLEY MEN 11+							Heat:10, starttime: 15:09	
Heat: 10/13 Lane : 8 Athlete: AHALLAL ADAM							Q-time: 02:33:13	
PB (25m pool): 02:33.13 Temse 31/05/2026				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.30		01:12.58		01:58.12		02:33.13
	00:31.30		00:41.28		00:45.54		00:35.01	
								

Coach feedback:

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Event number: 12: 100M BREASTSTROKE WOMEN 13+					Heat:1, starttime: 15:22
Heat: 1/7 Lane : 5 Athlete: DENEFF ELLA					Q-time: 01:46:00
PB (25m pool): 01:55.52 Sinbad 26/05/2024					PB (50m pool): 01:46.00 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:55.52	
	no time				
					

Coach feedback:

Event number: 12: 100M BREASTSTROKE WOMEN 13+					Heat:2, starttime: 15:24
Heat: 2/7 Lane : 1 Athlete: BADIDI CHAHD					Q-time: 01:43:29
PB (25m pool): 01:43.29 Eeklo 06/04/2026					PB (50m pool): 01:45.12 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.73		01:43.29	
	00:48.73 00:54.56				
					

Coach feedback:

Event number: 12: 100M BREASTSTROKE WOMEN 13+					Heat:4, starttime: 15:28
Heat: 4/7 Lane : 7 Athlete: OSSELAER GEIKE					Q-time: 01:29:90
PB (25m pool): 01:29.90 Sint-Amandsberg 19/10/2025					PB (50m pool): 01:32.30 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.04		01:29.90	
	00:43.04 00:46.86				
					

Coach feedback:

Event number: 12: 100M BREASTSTROKE WOMEN 13+					Heat:4, starttime: 15:28
Heat: 4/7 Lane : 8 Athlete: BAYENS NINA					Q-time: 01:30:59
PB (25m pool): 01:30.59 Gent 23/02/2025					PB (50m pool): 01:35.49 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.58		01:30.59	
	00:42.58 00:48.01				
					

Coach feedback:

PK KB OVL 26: Session: 2: COACH evaluation sheet for TEAM: ZNA

Event number: 12: 100M BREASTSTROKE WOMEN 13+					Heat:5, starttime: 15:30
Heat: 5/7 Lane : 3 Athlete: REYCHLER JINNE					Q-time: 01:24:67
PB (25m pool): 01:25.13 T Rosco 12/10/2025					PB (50m pool): 01:24.67 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.79		01:25.13	
	00:39.79		00:45.34		
					

Coach feedback:

Event number: 12: 100M BREASTSTROKE WOMEN 13+					Heat:5, starttime: 15:30
Heat: 5/7 Lane : 8 Athlete: VAN NIEUWENHUYSE LOTTE					Q-time: 01:26:12
PB (25m pool): 01:27.53 Sint-Amandsberg 19/10/2025					PB (50m pool): 01:26.12 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.15		01:27.53	
	00:41.15		00:46.38		
					

Coach feedback:

Event number: 12: 100M BREASTSTROKE WOMEN 13+					Heat:6, starttime: 15:32
Heat: 6/7 Lane : 3 Athlete: BULLEN LOTTE					Q-time: 01:22:49
PB (25m pool): 01:21.98 Ternat 26/12/2024					PB (50m pool): 01:22.49 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.19		01:21.98	
	00:39.19		00:42.79		
					

Coach feedback:

Event number: 12: 100M BREASTSTROKE WOMEN 13+					Heat:7, starttime: 15:34
Heat: 7/7 Lane : 1 Athlete: DE SMET LILY					Q-time: 01:19:62
PB (25m pool): 01:20.45 Temse 31/05/2026					PB (50m pool): 01:19.62 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.25		01:20.45	
	00:38.25		00:42.20		
					

Coach feedback:

PK KB OVL 26: Session: 2: COACH evaluation sheet for TEAM: ZNA

Event number: 12: 100M BREASTSTROKE WOMEN 13+					Heat:7, starttime: 15:34
Heat: 7/7 Lane : 7 Athlete: RUYSSINCK DIEDE					Q-time: 01:19:20
PB (25m pool): 01:19.20 Lokeren 28/09/2025					PB (50m pool): 01:21.91 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.88		01:19.20	
	00:37.88		00:41.32		
					

Coach feedback:

Event number: 12: 100M BREASTSTROKE WOMEN 13+					Heat:7, starttime: 15:34
Heat: 7/7 Lane : 8 Athlete: LEGRAND ALICIA					Q-time: 01:20:22
PB (25m pool): 01:20.45 Eeklo 06/04/2026					PB (50m pool): 01:20.22 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.65		01:20.45	
	00:37.65		00:42.80		
					

Coach feedback:

Event number: 13: 200M BACKSTROKE MEN 13+					Heat:2, starttime: 15:41			
Heat: 2/5 Lane : 7 Athlete: DE RIDDER LEON					Q-time: 02:55:29			
PB (25m pool): 02:56.53 Zottegem 01/03/2026					PB (50m pool): 02:55.29 SB: no time			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.45		01:27.80		no time		02:56.53
	00:42.45		00:45.35					
								

Coach feedback:

Event number: 13: 200M BACKSTROKE MEN 13+					Heat:3, starttime: 15:45			
Heat: 3/5 Lane : 7 Athlete: BLONDEEL NILS					Q-time: 02:38:38			
PB (25m pool): no time					PB (50m pool): 02:38.38 SB: no time			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

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Event number: 13: 200M BACKSTROKE MEN 13+							Heat:5, starttime: 15:52	
Heat: 5/5 Lane : 8 Athlete: WOJCIULA TYMON							Q-time: 02:23:22	
PB (25m pool): 02:23.22 T Rosco 12/10/2025				PB (50m pool): 02:24.31 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.63		01:10.34		01:48.35		02:23.22
	00:33.63		00:36.71		00:38.01		00:34.87	
								

Coach feedback:

Event number: 14: 400M FREESTYLE WOMEN 13+							Heat:1, starttime: 15:55	
Heat: 1/5 Lane : 5 Athlete: JACOB EMMA							Q-time: 05:41:78	
PB (25m pool): 06:05.07 Eeklo 21/04/2025				PB (50m pool): 05:41.78SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:26.37		no time		03:01.80
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:05.07
								

Coach feedback:

Event number: 14: 400M FREESTYLE WOMEN 13+							Heat:2, starttime: 16:02	
Heat: 2/5 Lane : 4 Athlete: HOEBEECK TINNE							Q-time: 05:21:57	
PB (25m pool): 05:21.57 Sinbad 22/07/2025				PB (50m pool): 05:23.29SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:35.34		01:14.66		no time		02:36.73
	00:35.34		00:39.32					
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:21.57
								

Coach feedback:

PK KB OVL 26: Session: 2: COACH evaluation sheet for TEAM: ZNA

Event number: 15: 50M BUTTERFLY MEN 11+			Heat:7, starttime: 16:32
Heat: 7/13 Lane : 5 Athlete: STASSIJNS NAND			Q-time: 00:32:18
PB (25m pool): 00:32.68 Eeklo 19/04/2026			PB (50m pool): 00:32.18 SB: no time
	2 5 M	5 0 M	
PB		00:32.68	
		00:32.68	
			

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11+			Heat:7, starttime: 16:32
Heat: 7/13 Lane : 6 Athlete: BOMBEECK MATHIAS			Q-time: 00:32:29
PB (25m pool): 00:33.87 Temse 17/11/2025			PB (50m pool): 00:32.29 SB: no time
	2 5 M	5 0 M	
PB		00:33.87	
		00:33.87	
			

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11+			Heat:8, starttime: 16:33
Heat: 8/13 Lane : 6 Athlete: AHALLAL ADAM			Q-time: 00:31:06
PB (25m pool): 00:32.61 Dendermonde, 22/11/2025			PB (50m pool): 00:31.06 SB: no time
	2 5 M	5 0 M	
PB		00:32.61	
		00:32.61	
			

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11+			Heat:11, starttime: 16:36
Heat: 11/13 Lane : 6 Athlete: WOJCIULA TYMON			Q-time: 00:28:31
PB (25m pool): 00:28.93 Temse 17/11/2025			PB (50m pool): 00:28.31 SB: no time
	2 5 M	5 0 M	
PB		00:28.93	
		00:28.93	
			

Coach feedback:

PK KB OVL 26: Session: 2: COACH evaluation sheet for TEAM: ZNA

Event number: 15: 50M BUTTERFLY MEN 11+				Heat:12, starttime: 16:37
Heat: 12/13 Lane : 6 Athlete: CATRY GAETAN				Q-time: 00:27:98
PB (25m pool): 00:29.83 Gent 23/02/2025				PB (50m pool): 00:27.98 SB: no time
	2 5 M	5 0 M		
PB		00:29.83		
	00:29.83			
				

Coach feedback:

Event number: 16: 50M BACKSTROKE WOMEN 13+				Heat:2, starttime: 16:41
Heat: 2/7 Lane : 8 Athlete: BADIDI CHAHD				Q-time: 00:40:90
PB (25m pool): 00:40.91 Lokeren 28/09/2025				PB (50m pool): 00:40.90 SB: no time
	2 5 M	5 0 M		
PB		00:40.91		
	00:40.91			
				

Coach feedback:

Event number: 16: 50M BACKSTROKE WOMEN 13+				Heat:7, starttime: 16:49
Heat: 7/7 Lane : 7 Athlete: EELBODE EMELIE				Q-time: 00:31:27
PB (25m pool): 00:32.37 T Rosco 12/10/2025				PB (50m pool): 00:31.27 SB: no time
	2 5 M	5 0 M		
PB		00:32.37		
	00:32.37			
				

Coach feedback:

Event number: 17: 4x50M FREESTYLE MEN 11+							Heat:2, starttime: 17:03	
Heat: 2/2 Lane : 6 Athlete: TEAM ZNA 1							Q-time: 01:47:66	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

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Event number: 17: 4x50M FREESTYLE MEN 11+							Heat:2, starttime: 17:03	
Heat: 2/2 Lane : 8 Athlete: TEAM ZNA 2							Q-time: 02:02:13	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 18: 4x50M FREESTYLE WOMEN 11+							Heat:2, starttime: 17:09	
Heat: 2/2 Lane : 6 Athlete: TEAM ZNA 1							Q-time: 01:55:98	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 18: 4x50M FREESTYLE WOMEN 11+							Heat:2, starttime: 17:09	
Heat: 2/2 Lane : 7 Athlete: TEAM ZNA 2							Q-time: 01:59:77	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 18: 4x50M FREESTYLE WOMEN 11+							Heat:2, starttime: 17:09	
Heat: 2/2 Lane : 8 Athlete: TEAM ZNA 3							Q-time: 02:08:78	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback: